

A grayscale photograph of a person from behind, lighting a large candle in a traditional Taoist altar. The altar features a central figure, likely a deity, surrounded by offerings and framed calligraphy scrolls. The scene is dimly lit, focusing on the flame of the candle.

Reflection of an English Tao Seminar

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To all the Dian Chuan Shi and all the Tao relatives that made the English Tao Seminar possible at SF.

I boarded my flight in Vancouver to SF with no expectations other than to soak in whatever I could like a sponge at the Tao seminar. I am happy to say I think I accomplished that and more.

This was the first time that I attended an English Tao seminar. I really enjoyed the sharing of realizations as this really helped me to understand the topics that were being discussed. At the end of the seminar my realization is as follows:

James' presentation on filial piety was moving to say the least. I realized deep down that I needed to be a better son to my parents and my wife's parents. Much like what Jin said in her realization, I need to put aside my ego and focus on my true self. My ego creates a lot of inner suffering because all too often I judge others too easily, and this has created some feelings of hatred and I did not appreciate the good intentions. On the outside I appear to have settled these matters but the truth is that the hatred still lingers deep inside of me which is why when I am reminded of why I have these feelings, the inner suffering starts up again. I now realize that the path to wisdom requires that I forgive and let go of those things that aren't important and release myself of the inner suffering.

Overall, I found the Tao seminar very refreshing and I felt recharged. It was nice to meet all the DCS's and Tao relatives. It's too bad the time went by so fast. I am very grateful to all the DCS's and the Tao relatives for making the seminar possible, as I know it takes a lot of work. I look forward to the next SF Tao seminar.

Gan En Cie Bei (感恩慈悲)