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## 禮節、道歌學習心得

在學校，校長、老師都定有規矩，讓學生們遵守。在家裏，爸爸媽媽也規定一些生活禮儀要我們做，例如早上起床，要跟爸爸、媽媽、弟弟及妹妹說「早安！」；晚上睡覺的時候，要跟大家說「晚安！」。要常常說「請、謝謝、對不起！」要有禮貌向別人打招呼……等等。

來到中堂，就要遵守佛規禮節。中堂的老師們教我們遞毛巾、基本動作(作揖、跪、叩首、起、退)、參辭駕禮、每日燒香禮及初一、十五燒香禮。參辭駕禮的禮節是每次來到中堂的時候，要跟仙佛參駕打招呼；離開中堂的時候，要跟仙佛辭駕說再見。還要向點傳師行禮，以表示禮敬點傳師的天命。燒香禮是一貫道弟子每天須要做的功課，叩頭的時候要一心不亂，誠心誠意的慢慢叩。接下來，老師還會教我們獻供禮、請壇禮，還有辦道的禮節。我很喜歡學習禮節，做個有禮貌的人。

在學習道歌方面，我們學習的第一首歌是「奉獻」。「奉獻」的意思就是「呈獻」或者是「付出」。唱完「奉獻」這首歌，讓我想到點傳師爲了渡化衆生，開展道務，奉獻了他們的時間與金錢；星期日早上在廚房洗菜、切菜、煮菜的媽媽們奉獻了她們的廚藝與時間；打掃中堂的前賢們，奉獻了他們的勞力與時間。所以，最近我一直在想，我可以奉獻什麼給爸爸媽媽？可以奉獻什麼給中堂？

我們學習的第二首歌叫做「眼光」。我很喜歡裏面一段歌詞：「誰能跨過艱難，誰能飛越沮喪，誰能看見前面，有夢可想。上帝的心看見希望，你的心裡要有眼光。喔！你的心裡要有眼光。」我從歌詞裏學到，不管事情有多困難，心情有多麼不好，只要有夢有希望，眼光放遠一點，不要放棄，沒有什麼事情是不能解決的。

我們學的第三首歌叫做「菩薩

的心」，第四首歌是「母親的手」，第五首歌「圓圓圓」都是很好聽的道歌。這些道歌，歌詞都很有意義，我唱得很快樂。

從學習禮節的過程當中，學到如何尊敬仙佛，尊敬長輩。在學唱道歌方面，學到很多道理。很感恩中堂的老師們用心的教導我們，我會繼續努力的在中堂裏面學習，做個有用的人。

In school, the principal and the teachers set rules for the students to follow. At home, father and mother also set rules for life etiquette. For example, when we get up in the morning, we have to say "good morning" to our parents, brothers and sisters; when we go to sleep at night, we have to say "good night" to everyone. In daily activities, we have to say "please," "thank you," and "sorry." We have to politely greet others, and so on.

Arriving at the temple, we must observe the Buddha's etiquette. The teachers have now taught us how to offer towels, basic movements (bowing, kneeling, kowtowing, rising and stepping back), the rituals for arriving and leaving, the daily, monthly and semimonthly rituals. "The Arrival and Departure Ritual" is a way to communicate with the Buddha when arriving or leaving a

shrine. If there are Masters present, we also have to perform the ritual to show our respect for their Heavenly Decree. Ritual for worship is what the I-Kuan Tao members must do every day. We must perform the movements with concentration, sincerely and deliberately. The teachers will also teach us the Offering Ritual, the Invitation Ritual and the Tao Transmission Ritual. I like learning these rituals, to become a courteous person.

I am going to share my feelings about the topic Tao-songs attainment. The first song we learned was called "Offering". "Offering" means "donating" or "giving". Whenever I sing the song "Offering", it makes me think about how the biography teacher led us into the path of virtue of all living things. I think about the Masters have offered their time and money to pass the Tao to other people. On Sunday, many members wash, cut and cook the vegetables in the kitchen. They are offering their cooking skills and time. People cleaning the hall for worshipping Buddha are offering their labor force and time. Therefore, I have been thinking recently, what can I offer to my father and mother? What can I offer to the hall for worshipping Buddha?

The second song we sung which I like

is called “The Vison”. In the lyrics of this song , my favorite part is, “Who can step over difficulty, who can fly over depressions, who can see the future, who can dream while thinking, God’s heart gives hope, you must have the vision at heart, oh, you must have the vision at heart.” I learned from this song that no matter how many difficulties you may encounter in the future or no matter sad you are, don’t give up and set our vision as far as possible.

The third song we learned “Bodhisattva’s Heart”, the fourth song we learned is called “Mother’s Hand.” and the fifth song is “Circles”. These songs are very pleasant to hear. I am very happy and grateful for the teachers in the young teenagers’ class for teaching us these songs, the lyrics of the songs are very meaningful. I am very happy when I sing them.

From reviewing etiquette, I have learned to respect Buddha and elders. In learning Tao songs, I have also absorbed a lot of teachings. I am very thankful of the teachers in the temple who work hard to teach us. I will continue learning to expand my studies in the temple so I can become a useful person.

